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OVERCOMING FOREIGN LANGUAGE ANXIETY (FLA) (PART 3: ORAL PRESENTATION WITH PREP FRAMEWORK)

Abstract:

This article expands on the previous study focused on overcoming foreign language anxiety (FLA) by exploring practical and effective strategies to help students reduce their anxiety. The primary goal of this research is to empower students by encouraging them to explore various practical learning methods that can enhance their confidence in using English. The paper advocates for implementing the PREP Framework in teaching activities related to oral presentations, highlighting the effectiveness of these strategies. Insights were gathered during the autumn semester 2024, focusing on a small group of preparatory-level students. This group comprised four undergraduates who completed three oral presentations on different topics. The observations, including student reactions and performance evaluations, revealed students' challenges in foreign language classes. These challenges encompass issues such as pronunciation difficulties, struggles with grammar rules, navigating cultural differences, and dealing with speaking anxiety and stage fright. This study proposes the PREP Framework to help students effectively manage these challenges during their oral presentations, enhancing their overall language learning experience.

Keywords:

Oral Presentation, language anxiety, PREP Framework