Abstract:
The purpose of this study was to examine the wrestling training centers' depression, anxiety, and stress levels of wrestlers. They are staying in wrestling training centers in Ankara, İstanbul, Denizli, and Muğla. The average age of (18.44-4.76), sport age (5.47-3.93, 207) male wrestler to work as a volunteer.

Wrestling training centers of the wrestlers in depression, anxiety, and stress levels were examined. Bilgel and Bayram (2010) developed a 42-question scale consisting of anxiety, depression, and stress situations both dimensional and categorical excluding both the discrimination allowing depression, anxiety, and stress (DASS-42) scale was used. Scale of Likert-type rating (1 = never, 2 = sometimes and occasionally 3 = fairly often 4 = always) was provided. (DASS) to examine the data obtained from the 42 scale package SPSS 16.00 program was used.

SPSS version 16.0 was used to analyze the data. Whether there is any difference between the variables to find the One Way ANOVA was used. This difference stems from the group to find out which Tukey HSD test was applied. In addition, to examine the relationship between variables Pearson Correlation test was performed. According to the results of research; Analyzing the stress level of the wrestlers; in terms of education level, junior high, high school, and college wrestlers also a significant difference between the variables was found (p > 0.05). Considering the anxiety level of the wrestlers; Read on to junior high school wrestlers in terms of educational status with college enrollment among wrestlers and wrestler in high school and college enrollment among wrestlers significant differences were found (p<0.001). Analyzing the depression levels of wrestlers; Read on to junior high school wrestlers in terms of educational status with high school and college enrollment among wrestlers significant differences were found (p<0.001). According to the Pearson Correlation test results; with the age of the wrestlers have a significant relationship between anxiety and depression levels (P < 0.05). Wrestler of the stress level and sport have a significant relationship between age (P < 0.05). We also found a significant correlation with anxiety and depression (p < 0.001). Likewise with the age of the wrestlers and sports age of anxiety levels (P < 0.05); between stress and depression (p <0.001), depression, age and fitness level of age (P < 0.05); a significant relationship between levels of stress and anxiety were observed (p < 0.001).

As a result; Wrestling training centers were located wrestlers depression, anxiety (anxiety) levels were significantly different, stress level any change in not being reported in the variable age was associated with age and no longer by the wrestlers depression and anxiety negatively affected were seen. This change related with age. Wrestlers affected negative depression and anxiety levels. We can talk that wrestlers seen depression and anxiety levels the average age increases. The reason for this
wrestlers stay wrestling training centers and wrestlers are training intense. Wrestlers increase responcibility age related with competitions periods. This related demonstrated career and future anxiety, economic factors.

**Keywords:**

Wrestling, Wrestling training centers, depression, anxiety, stress