

SU AIE CHIA

Su Aie Chia, Japan

OVERCOMING FOREIGN LANGUAGE ANXIETY (FLA) (PART 2: IMPROMPTU APPROACH WITH PREP FRAMEWORK)

Abstract:

This study is a follow-up to previous research on Foreign Language Anxiety (FLA) in discovering practical and effective ways to overcome students' anxiety levels towards the English language. The primary goal of this work is to empower students to explore a wide range of learning methods that can help boost their confidence in using English. The research was conducted in the autumn of 2023 and involved thirty-seven students in the university's mandatory essential English communication course. The study explores why the method was used and provides examples of its implementation. The communication activities in this study focused on teaching students how to organise their opinions or ideas logically and convey their thoughts more confidently in English through drills on answer patterns. At the end of the semester, feedback was collected from the students to evaluate their experience and thoughts after completing the course.

Keywords:

Foreign language anxiety (FLA), Impromptu, PREP framework, communication

JEL Classification: I20, I23, I29