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THE IMPACT OF WORKLOAD AND ROLE CONFLICT TOWARDS WORK-LIFE BALANCE AMONG GOVERNME

Abstract:

Professionals in the field of accounting, especially auditor, has a high level of stress that become a common problem. Workload and role conflict are two of the stressors that significantly contribute to stress. On the other hand, work-life balance has become a concern for many researchers and organizations. This study examined the effect of workload and role conflict towards government auditors' work-life balance. It is also suggests how to achieve work-life balance according to in-depth interview with groups of respondent. The study is based on quantitative research that conducted among government auditors in Indonesia using cross-sectional survey method. A total of 97 usable responses were received. Descriptive analysis, reliability analysis, Pearson's correlations analysis, and multiple regression analysis used to measure the relationship between dependent and independent variables. The results indicated that workload are significant at p< 0.01 (0.000) and have positive correlation with work life balance at 0.441. Role conflict also significant at p< 0.05 (0.013) and have positive correlation with work life balance at 0.250. Furthermore, only workload that significant influence on government auditors' work-life balance. Thus, organization need to establish policies that would manage workload without affecting productivity of organization in order to achieving work-life balance.

Keywords:

workload, role conflict, work-life balance, government auditors

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