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A STUDY OF ADOLESCENTS´ MENTAL HEALTH: GENDER ANALYSIS

Abstract:

the present study investigated mental health of 260 adolescents. Mental Health battery in english by A.K. Singh was applied. Mental Health includes six areas--- emotional stability, adjustment, autonomy, security-insecurity, self concept and general intelligence. Obtained data was analysed by applying t-- test . Results found that male students were found to be more stable, having more clear self concept than females very significantly. Females were found to have more high level of general intelligence than males significantly.. In case of Auotonomy and Insecurity-Security the two gender did not show any significant difference. results found better mental heath in both males as wellas female adolescents in this area of Haryana in India.

Keywords:

Mental Health , Emotional Stability, Over all Adjustment, Autonomy, Security-insecurity, Self concept & Intelligence.