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EVALUATION OF MOTHERS' KNOWLEDGE AND OPINIONS ABOUT BREAST MILK BANKING WHO ARE WITH 0-6 MONTH-OLD-BABIES IN TURKEY

Abstract:

Introduction: Breast milk is the optimum exclusive source of nutrition for the first six months of life. Both mothers and infants have got some problem about breast feeding. Breast milk important especially for premature baby who in intensive care.

Method: This descriptive study aim was to evaluate of mother's knowledge and opinions about breast milk banking who were with 0-6 month-old-babies in Konya/Turkey. To calculate the sample size were used in the formula which is the number of individuals in the target group of unknown samples and found 126 but we accessed 200 mothers. Data was collected via face to face interviews and a questionnaire form which consists of demographic as well as breast milk related questions. Necessary permits were obtained both from the ethical and from mothers prior to research. Data analysis were conducted using SPSS 20 program utilizing number, percentage, mean, standard deviation and chi square tests.

Results: The average age of mothers was 26.63 ± 6.18 and 42.3% graduated from elementary school. It was found that 59.5% of women had normal labor and had got avagera 2 times. 80.09% of women stated that they were willingly of their last pregnancy. 51.8% of gender the babies were boys. 21.7% of mothers couldn't breastfeed immediately after birth and 33.6% had problems related to breastfeeding. The most common problem about breastfeeding was related the baby had been in intensive care. 98.2% of mothers said that breastfed is important for infant. 16.4% of women had got some knowledge about breastfeeding banking, 37.3% had got some information about wet nurse in Islam and 62.3% thought about that breast milk banking should be establish in Turkey. 34.1% of mother wanted to give their milk if needed to provide benefits to newborns, 35.5% didn't want to give their milk for their religions, 67.3% said they didn't want to get milk for newborn from a milk bank in terms of infectious diseases and they stated that to be a wet nurse (77.3%) they must get permission from their husbands.

Conclusion: Most of mothers were aware of the importance of breastfeeding for babies and had expressed that breast milk banks should establish in Turkey. There are some provisions to be a wet nurse for Islam but 37.3% of mothers aware of wet nurse.

Keywords:

Breast milk, Breast milk banking, Baby Health

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