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## **A RESEARCH STUDY ON THE SITUATION OF CHILD SEXUAL ABUSE IN FIVE SOUTH ASIAN COUNTRIES AND FINDING THE EFFECTIVE PROGRAMS FOR THE PREVENTION**

### **Abstract:**

This research paper scrutinizes the situation of Child Sexual Abuse (CSA) and recommends effective programs for the prevention and protection of the victims in Five South Asian states- Nepal, Bangladesh, India, Pakistan and Sri Lanka. CSA is one of the serious challenges globally. Sexual violence against children is uncivilized disruption of children's rights that exposes a child to severe mental, chronic physical and psychological hazards with effects such as depression, fear, low self-esteem and it affects them for the entire period of their lives. Studied illustrates that the child of developing countries are more vulnerable as compared to developed countries. Various reports and data from related public organizations; UNICEF and other NGOs that works on child issues shows that child are at higher risk to sexual abuse in Nepal, India, Pakistan, Bangladesh and Sri-Lanka. Sexual violence is associated with increased risk of sexual and reproductive health problems including inadvertent pregnancy, HIV and other sexually transmitted contagions. Hence, provision of effective child protection for the victims is inevitable. To discourage child sexual abuse, primary factors should be discovered and proceed for the prevention. Governments, civil society and related organizations should increase the awareness programs against child sexual abuse implementing effective legislation and policies to prevent violence against children. State should provide housing; rehabilitation facility and other social securities, arrange free health and psychological treatment, free higher education, skill development trainings and job placement for the victims.

### **Keywords:**

sexual abuse, South Asia, effective policy, social security, prevention