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YOUNG MOTHERS' INTENTION TOWARD THEIR REPEAT PREGNANCY: THE QUALITATIVE STUDY IN THAILAND

Abstract:

Purpose: To define the insights of young mothers regarding their intentions about repeat pregnancy and decision making about birth control and sexual activity.

Design and Methods: Qualitative research with a purposive sample of young mothers with a repeat pregnancy (n = 10), using semi-structured interviews to elicit rich qualitative data, using content and thematic analysis were conducted. Research ethic was approved by human subjects institutional review board, informed consent was obtained in all key informants.

Results: The eight of the young mothers indicated that their repeat pregnancies were unintended, whereas they did not want an abortion. Rest of them stated that it was an intentional situation because of their new partner want to have a baby. An important finding in this study was that although the young mothers did not intend to get pregnant, they likewise did not intend to prevent having a second child. Most of them spoke that "I was on the pill but often forget to take it" - a "missed" pill was showed in common issue of young mothers with repeat pregnancy. In terms of decision making about sexual activity - mothers addressed that the sexual activity is the impulsive behavior in their spousal life and that it lack concern about the consequences. Additionally, the lack of the ownership of the responsibility for birth control among their partners was revealed, as "he never use condoms...never have it".

Clinical Implications: Nurses may use these data to understand better the young mothers in terms of prevention or postponement a repeat pregnancy in the adolescent ages, as well as to design an implementation or provide access to a birth control information base on the unique needs, which including their partner in order to taking a crucial role in delaying repeat pregnancy and preventing the negative health consequences in young mothers.

Keywords:

Young mothers, intention, repeat pregnancy, decision making