

ARSALAN KHANMOHAMMADI OTAGHSARA

Department of psychology, Ayatollah Amoli Branch, Islamic Azad University, Amol, Iran, Iran

ALIREZA HOMAYOUNI

Department of psychology, Bandargaz Branch, Islamic Azad University, Bandargaz, Iran, Iran

GHOLAMALI NIKPOUR

Department of Psychology, Allameh Tabataba'i University, Tehran, Iran, Iran

COMPARATIVE INVESTIGATION THE ROLE OF PERSONALITY TRAITS AND EMOTIONAL INTELLIGENCE IN TENDENCY TO ADDICTION

Abstract:

Aim: The research aimed to investigate role of personality traits and Emotional Intelligence in tendency to addiction. Methods: In sampling process a total of 73 addicted people and 73 non-addicted people that were randomly selected and completed Schutte's Self- Report E / I Test (SSREIT) (33 items) and Mc Care and Costa's NEO PI-R Inventory. In order to analyzing the data independent T test was used to compare means of two groups. Results: Findings indicated significant differences between two groups in components of Emotional Intelligent. Addicted people had less scores in agreeableness, extroversion, conscientiousness, appraisal of emotion, utilization of emotion and general score of emotional intelligence, and more scores in neuroticism than and openness to experience than nonaddicted people. Conclusion: Considering the current study are congruent with the other research in this field, it is recommended to apply the plans for EI education related to personality traits for enhancing emotional intelligent components in order to increasing abilities and competencies in confronting with crisis and bad events and reducing risk of abnormal behaviors, specially addiction.

Keywords:

Emotional intelligence, Personality traits, Addiction