

[DOI: 10.20472/IAC.2018.035.026](https://doi.org/10.20472/IAC.2018.035.026)

ERCAN KOCAYÖRÜK

Çanakkale Onsekiz Mart Üniversitesi, Turkey

SALIH ZEKİ GENÇ

Çanakkale Onsekiz Mart University, Turkey

TUGAY TUTKUN

Çanakkale Onsekiz Mart University, Turkey

A CROSS-CULTURAL EXAMINING THE RELATIONSHIP BETWEEN CONTROLLING AND AUTONOMY-SUPPORTIVE PARENTING ON WELL-BEING OF ADOLESCENTS

Abstract:

The aim of this study is to examine the effect of parental supportiveness and psychological control on relational self and well-being. Controlling parents are characterized by a lack of interpersonal boundaries between their members, which hinders the development of children's healthy individuation. The findings of the study showed that PC may have negative effects on the well-being of adolescents. In this perspective, it can be suggested that the need for parenting programs aimed at preventing the use of psychological control among parents of adolescents of all ages, and adolescent programs aimed at reducing negative affect and emotions. It is important to educate parents that psychological control is a universally negative parenting strategy and to help parents identify and reduce the use of such behaviors.

Keywords:

Psychological control, Parental supportiveness, well-being