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THE EFFECT OF THE PLISSIT MODEL ON SOLUTION OF SEXUAL PROBLEMS OF THE PEOPLE: SYSTEMATIC REVIEW

Abstract:

Aim: This systematic review study is to determine the effect of PLISSIT model (permission, limited information, special suggestions, intensive therapy), which is used in the care of individuals having sexual problems, on these sexual problems.

Method: The study was carried out by checking PubMed, EBSCOhost, Ulakbim Medical and Medline Turkey databases. There are two key word directories were used to determine the key words of the study. In the study, English key words which were checked out via MeSH (Medical Subject Headings) directory (PLISSIT model, PLISSIT model AND sexuality, PLISSIT model AND sexual dysfunctions) Turkish key words which were checked out via "Turkey Science Terms Directory" and the translation of English key words in to Turkish (PLISSIT model, PLISSIT model VE cinsellik, PLISSIT model VE cinsel işlev bozuklukları) were used. Inclusion criteria for the study are the full-text articles which are written in Turkish and English languages; include the participants having sexual problems, PLISSIT model is applied during the intervention and have the quasi-experimental and experimental research designs. 252 articles were reached and the duplicate articles were removed, the rest three articles which are suitable for the inclusion criteria, were evaluated.

Findings: It is seen that two of the studies included in the systematic review carried out in Iran and one of them was carried out in Turkey and these studies are limited to the individuals who were in the patient group stoma who were cared with PLISSIT model and the women having sexual problems. However, it is found that the care by PLISSIT model improves the sexual functions and reduces sexual stress, increases the sexual desire, sexual arousal, sexual activity, frequency of orgasm and sexual satisfaction.

Result: This systematic review shows that the studies on this issue are very limited in terms of quantitative perspective but the results are positive. In this context, it is suggested that the number of randomized controlled studies which are evaluating the effectiveness of the care with PLISSIT model are increased and similar studies are planned with various patient groups.

Keywords:

PLISSIT model, care, sexuality, sexual dysfunction.

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